



PACKAGE LEAFLET INFORMATION FOR THE USER

**CETIRIZINE DIHYDROCHLORIDE  
TABLETS  
10MG  
TAJ PHARMA**

**Cetirizine Dihydrochloride**

Read all this leaflet carefully before you start taking this medicine, referred to as **CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets** in this leaflet, because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after a few days.

**WHAT IS IN THIS LEAFLET:**

1. What **CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets** are and what they are used for

2. What you need to know before you take **CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets**
3. How to take **CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets**
4. Possible side effects
5. How to store **CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablet**
6. Contents of the pack and other information

**1. WHAT CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMATABLETS ARE AND WHAT THEY ARE USED FOR**

The active ingredient (which makes this medicine work) is called cetirizine hydrochloride, which belongs to a family of medicines called antihistamines. **CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets** are used to treat people who have hay fever (seasonal allergic rhinitis), year round allergies such as dust or pet allergies (perennial allergic rhinitis) and urticaria (swelling, redness and itchiness of the skin). Antihistamines like **CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets** relieve the unpleasant symptoms and discomfort associated with these conditions, such as sneezing, irritated, runny and blocked up nose, itchy, red and watering eyes and skin rashes.

**2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA TABLETS**

**Do not take CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets if you;**

- are **allergic** to cetirizine hydrochloride or to any of the ingredients listed in section 6, to hydroxyzine or to any piperazine derivatives (closely related active substances of other medicines)
- suffer from **severe kidney failure** (creatinine clearance less than 10ml/min)
- have problems of urinary retention
- you are **breast-feeding**

If any of the above applies to you talk to your pharmacist.

**Warnings and precautions:**

- If you have **liver** or **kidney problems** please ask your pharmacist for advice.
- If you have predisposition factors of urinary retention (eg: spinal cord lesion, prostatic hyperplasia) as cetirizine increases the risk of urinary retention.,
- If you suffer from epilepsy or are at risk of convulsions, you should ask your pharmacist for advice.

**Children and CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets**

The use of this medicine is not recommended in children aged less than 6 years since this formulation does not allow for appropriate dose adaptation.



## **Other medicines and CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets**

Please tell your doctor or a pharmacist if you are taking or have recently taken any other medicines, including any bought without a prescription.

## **CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets with food and drink and alcohol**

Food does not affect absorption of this medicine.

Avoid alcohol while you are taking this medicine.

## **Pregnancy and breastfeeding**

If you are **pregnant** or **trying to become pregnant** ask your pharmacist for advice before taking CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets.

**Do not take** these tablets if you are **breast-feeding**.

## **Allergy Testing**

If you are due to have an allergy test, ask your doctor if you should stop taking CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets for several days before testing. This medicine may affect your allergy test results.

## **Driving and using machines**

Some people have reported that they feel drowsy or dizzy while they are taking CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets. If you are affected do not drive or use machines.

## **CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets contain lactose**

This medicine contains lactose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking these tablets.

## **3. HOW TO TAKE CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMATABLETS**

Remember. Take the tablet with a glass of water. Do not take more than one tablet each day. If you do not feel better within a few days, consult your doctor.

**Children aged 6 to 12 years:** Half a tablet twice a day.

**Adults and children aged 12 years and over:** Take **one tablet daily**. If you have kidney problems (or liver and kidney problems together) please ask your doctor for advice: you may need to take a lower dose. The new dose will be determined by your doctor.

CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets are not suitable for children under 6.

## **If you take more than you should**

If you accidentally take too much medicine, contact your doctor or nearest casualty department at once.

## **If you forget to take a tablet**

If you forget to take a tablet, you should take one as soon as you remember, but wait at least 24 hours before taking your next tablet.

## **4. POSSIBLE SIDE EFFECTS**

Like all medicines Cetirizine Hydrochloride Tablets can cause side effects, although not everybody gets them.

**The following side effects are very rare, but you must stop taking the tablets and speak to your doctor straight away if you notice these symptoms:**

- A severe allergic reaction including rash, itchiness and fever, swollen throat, face, eyelids or lips. This reaction may start soon after you first take the medicine or it might start later.
- Bruising or bleeding more easily than normal.
- Convulsions or fits.

**The following side effects have also been reported.**

**Common side effects** (affects less than 1 in 10 people)

- Tiredness, feeling sleepy
- Headache
- Dry mouth
- Nausea

- Diarrhoea (children only)
- Pain in the abdomen
- Dizziness
- Sore throat
- Cold like symptoms of the nose (children only)

**Uncommon side effects** (affects less than 1 in 100 people)

- Itching and rash
- Diarrhoea
- Feeling weak or generally unwell
- Tingling in the hands and feet
- Feeling agitated.

**Rare side effects** (affects less than 1 in 1000 people)

- Fast heart beat
- Oedema (generalised swelling due to water retention)
- Abnormal liver function test results (your doctor will know what to do)
- Increased weight
- Aggression, confusion, depression, hallucination (hearing or seeing things), sleepiness
- Urticaria (hives).

**Very rare side effects** (affects less than 1 in 10,000 people)

- Blurred vision, difficulty focussing
- Rotation of the eye

- Bad taste in the mouth
- Tremor, tics
- Involuntary movements and/or jerking of the limbs
- Muscle spasms in the neck and shoulders
- Swelling of the skin particularly around the face
- Fainting
- A recurring rash
- Bed wetting, pain and/or difficulty passing water.

**Not known side effects**

- Increased appetite
- Vertigo
- Urinary retention
- Memory loss and/or impairment,

In very rare cases people have thought about committing suicide and if you feel this way then stop taking the tablets and see your doctor.

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet.

By reporting side effects you can help provide more information on the safety of this medicine.

**5. HOW TO STORE CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMATABLETS**

Keep this medicine out of the sight and reach of children. Do not take the tablets after the expiry date, which is stated on the blister and carton. The expiry date refers to the last day of that month. Do not throw away medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

**6. CONTENTS OF THE PACK AND OTHER INFORMATION**

**What CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets contain**

Each tablet contains 10mg of cetirizine hydrochloride (the active ingredient). They also contain: lactose, microcrystalline cellulose, maize starch, colloidal anhydrous silica, magnesium stearate, talc, hypromellose, titanium dioxide (E171), macrogol 4000 and sodium citrate.

**What CETIRIZINE DIHYDROCHLORIDE TABLETS 10MG TAJ PHARMA Tablets look like**

The tablets are white circular bi-convex, film-coated tablets marked C on one side and a breakline on the other.

Available in cartons containing 14 and 30 tablets.

**7. MANUFACTURED IN INDIA BY:**

**TAJ PHARMACEUTICALS LTD.**  
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Maharashtra chambers of Commerce Lane,  
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